I commit to writing 3 hours/week

6 30-minute sessions

☐ Day 1 ☐ Day 2 ☐ Day 3 ☐ Day 4 ☐ Day 5 ☐ Day 6

3 60-minute sessions

☐ Day 1 ☐ Day 2 ☐ Day 3

2 90-minute sessions

☐ Day 1 ☐ Day 2

Marathan 3-hour session

☐